



Arbor Farms Market

September Soup Schedule

Available daily in our Grab 'n Go:

Tomato Basil

1-Sep	2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
	Butternut Parsnip	Roasted Cauliflower	Black Bean	Wild Mushroom and Rice	White Cheddar Broccoli
	Chicken Rice Shiitake	Bombay Chicken and Vegetable	Beef and Vegetable	Curried Salmon Chowder	Hearty Beef Chili
					Chicken Tortilla
7-Sep	8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Navy Bean Vegetable	Hot and Sour	Cream of Mushroom	French Lentil Vegetable	Jarlsburg and Onion	African Peanut Stew
Turkey Black Bean Chili	Southwest Turkey White Bean Chili	Bombay Chicken and Vegetable	Bean and Bacon	Blackened Salmon Chowder	Hearty Beef Chili
					Mulligatawny
14-Sep	15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Lentil	Butternut Parsnip	Roasted Cauliflower	Black Bean	Wild Mushroom and Rice	White Cheddar Broccoli
Wild Rice Chicken	Chicken Rice Shiitake	Bombay Chicken and Vegetable	Beef and Vegetable	Curried Salmon Chowder	Hearty Beef Chili
					Chicken Tortilla
21-Sep	22-Sep	23-Sep	24-Sep	25-Sep	26-Sep
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Navy Bean Vegetable	Hot and Sour	Cream of Mushroom	French Lentil Vegetable	Jarlsburg and Onion	African Peanut Stew
Turkey Black Bean Chili	Southwest Turkey White Bean Chili	Bombay Chicken and Vegetable	Bean and Bacon	Blackened Salmon Chowder	Hearty Beef Chili
					Mulligatawny
27-Sep	28-Sep	29-Sep	30-Sep		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle		
Lentil	Butternut Parsnip	Roasted Cauliflower	Black Bean		
Wild Rice Chicken	Chicken Rice Shiitake	Bombay Chicken and Vegetable	Beef and Vegetable		