



Arbor Farms Market January Soup Schedule

Available daily in our Grab 'n Go:

Tomato Basil

1-Jan		2-Jan		3-Jan		4-Jan		5-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
		Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
		Black Bean	Butternut Parsnip	Wild Mushroom and Rice	White Cheddar Broccoli	Chunky Potato			
		Turkey Black Bean Chili	Beef and Mushroom Barley	Curried Salmon Chowder	Hearty Beef Chili	Chicken Tortilla			
6-Jan		7-Jan		8-Jan		9-Jan		10-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Tomato Ginger and Leeks	Hot and Sour	French Lentil Vegetable	Cream of Mushroom	Jamaican Spinach	Jarlsburg and Onion	Indian Spiced			
Bombay Chicken and Vegetable	Smoked Turkey and White Bean	Hearty Ham and Bean	Mulligatawny	Blackened Salmon Chowder	White Bean Chicken Chili	Wild Rice and Chicken			
13-Jan		14-Jan		15-Jan		16-Jan		17-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Smokey Lentil	Carrot Ginger	Black Bean	Butternut Parsnip	Wild Mushroom and Rice	White Cheddar Broccoli	Chunky Potato			
Bean and Bacon	Chicken Rice Shiitake	Turkey Black Bean Chili	Beef and Mushroom Barley	Curried Salmon Chowder	Hearty Beef Chili	Chicken Tortilla			
20-Jan		21-Jan		22-Jan		23-Jan		24-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Tomato Ginger and Leeks	Hot and Sour	French Lentil Vegetable	Cream of Mushroom	Jamaican Spinach	Jarlsburg and Onion	Indian Spiced			
Bombay Chicken and Vegetable	Smoked Turkey and White Bean	Hearty Ham and Bean	Mulligatawny	Blackened Salmon Chowder	White Bean Chicken Chili	Wild Rice and Chicken			
27-Jan		28-Jan		29-Jan		30-Jan		31-Jan	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Smokey Lentil	Carrot Ginger	Black Bean	Butternut Parsnip	Wild Mushroom and Rice					
Bean and Bacon	Chicken Rice Shiitake	Turkey Black Bean Chili	Beef and Mushroom Barley	Curried Salmon Chowder					

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