



Arbor Farms Kitchen

November Entrees & Salads

Rotating Seasonal Favorites

		1-Nov			2-Nov		3-Nov		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
				Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs			
				Zucchini Fritters	Corn Souffle	Tortilla Black Bean Pie			
				Spiced Whipped Sweet Potatoes	Imperial Chicken Salad	Blue Cheese Pasta			
4-Nov		5-Nov		6-Nov		7-Nov		8-Nov	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole			
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Corn Souffle	Cauliflower Fritters			
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Imperial Chicken Salad	Carrot Chickepea Salad			
11-Nov		12-Nov		13-Nov		14-Nov		15-Nov	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mushroom Bread Pudding	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs			
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Corn Souffle	Tortilla Black Bean Pie			
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Spiced Whipped Sweet Potatoes	Imperial Chicken Salad	Blue Cheese Pasta			
18-Nov		19-Nov		20-Nov		21-Nov		22-Nov	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole			
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Corn Souffle	Cauliflower Fritters			
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Imperial Chicken Salad	Carrot Chickepea Salad			
25-Nov		26-Nov		27-Nov		28-Nov		29-Nov	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mushroom Bread Pudding	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs			
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Corn Souffle	Tortilla Black Bean Pie			
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Spiced Whipped Sweet Potatoes	Imperial Chicken Salad	Blue Cheese Pasta			
		CREATIONS	AVAILABLE	EVERY	DAY	IN	November		
Every Day	Salmon	Grilled	Every Day	Classic	Broccoli	Almond-Dill			
Entrees:	Burgers	Chicken Breast	Salads:	Potato Salad	Sunshine	Chicken Salad			
Grilled Salmon	Vegetable Lasagna	Mario's Lasagna	Quinoa Tabbouleh	AFM Chicken Salad	AFM Tuna Salad	Not-Chicken of the Sea			
Sesame-cruste Tofu Cutlets	Mac n' Cheese	Turkey Meat Loaf	Sesame Green Beans	AFM Coleslaw	AFM Macaroni Salad	Greek Pasta Salad			